

INTRODUCTORY CLASS

Attend a free introductory class that is designed to give you hands-on exposure to the growing field of massage therapy and covers:

- Our unique massage licensing program
- Benefits of massage
- Six basic strokes of Swedish massage
- Basic back massage routine

Simply call us at (425) 641-3409 or email us at info@bellevuemassageschool.com to attend.

BELLEVUE MASSAGE SCHOOL STUDENT CLINIC

All students participate in Bellevue Massage School's popular Student Clinic to ensure that they receive a positive, educational clinic experience that will greatly enhance their skill and confidence levels. This real-life clinic experience is specifically designed to help you steadily improve your practitioner skills before graduation.

Clinic days will be held for nine weeks at the end of the term, and each massage will be supervised and individually critiqued by an experienced on-staff licensed massage practitioner. Student Clinic days also will include a group "round-robin" discussion and demonstration of massage techniques. Student Clinic appointments are offered on Tuesdays and Thursdays. Students will attend the nine-week session simultaneously with their required classes.

CLASS HOURS

You may choose morning or evening class times to fit your needs: Mondays, Wednesdays and Fridays from 8:00 a.m. – 12:50 p.m. or from 5:25 p.m. – 10:15 p.m. Saturday sessions are required every other week.

TUITION AND OTHER COSTS

Registration fee*	\$100
Tuition	\$9800
Textbooks	\$250
Massage table	Approx. \$300-\$600

Financing is available.

* Non-refundable after five business days



ABOUT BELLEVUE MASSAGE SCHOOL

Bellevue Massage School was established in 1977 as the first state-approved massage school on the Eastside and continues to be the oldest privately-owned massage school in the state. Our mission is to help students discover their unique massage expression and become exceptional, confident and intuitive massage practitioners who facilitate the well-being of others.

Bellevue Massage School's majority-owner and director, James Schmidt, has worked as an instructor in the holistically oriented Touch For Health program since 1979, is a Certified Reflexologist, and works closely with his dedicated staff in the daily operation of the school's massage program.



BELLEVUE MASSAGE SCHOOL

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Body. Mind. Spirit.



BELLEVUE MASSAGE SCHOOL
Center for Healing Arts

Massage Program For State Licensing

WELCOME TO BELLEVUE MASSAGE SCHOOL

Considering a career in massage therapy? We welcome you to an exciting and rewarding profession that is full of opportunity. Your investment in the education and professional training to become a licensed massage therapist will open the door to one of the fastest-growing areas in healthcare today.

Whether you choose to run your own independent practice or become employed in a chiropractic clinic, spa and wellness center, yoga studio, hospital or sports center, you will have the pleasure of working in a holistic profession that combines science and the healing arts to promote well-being in others.

At Bellevue Massage School, we have been educating massage practitioners for over 30 years. Our proven program—which offers a challenging and targeted curriculum taught by licensed professionals with their own private practices—covers a variety of approaches and is designed to encourage your individual expression.

CONSIDER THE ADVANTAGES

Bellevue Massage School offers many advantages. Among them are:

- An intensive, seven-month program that allows students to focus time and money on their chosen specialties
- Experienced, passionate instructors with expertise in many areas of medicine and natural health
- Morning or evening class times to fit student needs
- Classes beginning in January, May and September
- Limited class sizes to optimize training
- A nine-week student massage clinic practicum, supervised by a team of licensed professionals
- An on-campus massage supply store offering quality oils, books, tables, music and other accessories
- Support and job referrals through Graduate Services

Body. Mind. Spirit.



MASSAGE LICENSING PROGRAM

The Bellevue Massage School licensing program provides concentrated study and preparation to meet Washington state requirements to become a licensed massage practitioner (LMP). Our 541-hour program—built around a strong, extensive curriculum of anatomy, kinesiology, massage theory and practice.

Whether you are an auditory, kinesthetic or visual learner, our curriculum is delivered in a way that helps you to “own” the information and become an exceptional therapist with the confidence to succeed.

TOPICS OF STUDY

The Bellevue Massage School licensing program is designed to provide exposure to and develop expertise in a broad range of topics, including:

- Swedish massage strokes and full-body routines
- Physiological effects & contraindications
- Thai massage
- Body mechanics
- Ethics and massage
- Deep tissue massage
- Pregnancy massage/side-lying
- Trigger points
- Sports massage
- Chair massage
- Inflammation response
- Acute treatment strategies
- Manual lymphatic drainage
- Sprains, strains, tendonitis, bursitis
- Whiplash, TMJ, headaches
- Arthritides, fibromyalgia, geriatric, osteoporosis, CFS
- Neuritis, neuralgia, TOS, carpal tunnel, sciatic
- Introduction to reflexology
- Introduction to aromatherapy
- HIV, CPR, First Aid
- Taxes, business expenses, marketing
- Medical and liability insurance
- Optional 80-hour Spa Anti-Aging & Wellness Massage Training Track



Bellevue Massage School's licensing program exceeds Washington state requirements for licensure.